



11<sup>th</sup> February 2022

This week has been **Children's Mental Health Week** where we have been focusing on ensuring the children understand how to be resilient. The theme for this year is **'Growing Together'**.

Growing Together is about growing emotionally and finding ways to help each other grow. Challenges and setbacks can help us to grow and adapt and trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'. Throughout the week all children have been looking at ways to ensure how they could overcome hurdles and still grow as well as looking at what makes them. As parents and carers, you play an important role in your child's mental health and the one thing we need to keep on doing is **talking** and stopping the stigma of sometimes feeling sad or down. I have attached the link below which has some amazing resources for parents and carers.

<https://www.childrensmentalhealthweek.org.uk/>

### **Thought of the Week**

For us as adults, even working up the pyramid, we are finding our usual means of safety, a sense of belonging and self-esteem are being constantly challenged. So how can we change our view on this when so much feels unknown and outside of our control?



St Paul gives us a different perspective in writing to the Romans, 5:3-5. Growth doesn't begin with physiological or safety needs - but in a time of tribulation! At the point of insecurity, he begins with rejoicing in the hope of the glory of God...keeping eyes on the wonders of a good God and his son Jesus, he can carry on, growing in strength and character and increasing in the surety of hope in God's greater plan. We don't need to wait for physical needs to be met before growing in confidence, Paul calls the follower to begin by laying the foundation of trust in a mighty God, who gives his Holy Spirit to us, to journey alongside us.

That's easier said than done when all around us seems to be a constant act of spinning multiple plates. It's so important to take time to top up that internal reservoir with a source of hope that enables not only your character to grow, but can encourage those around you, fixing our eyes on the one who brings perfect hope.

### **Safer Internet Day**

On Tuesday 8<sup>th</sup> February the school took part in the national day looking at safer internet. The theme this year was looking at **'Exploring respect and relationships online'**.

The children discussed gaming and chat, to streaming and video. We celebrated young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers. All children worked with staff and PC Nick on how respect online should look like and what to do if this isn't the case. The assembly PowerPoint is now on the website <https://www.audlemstjames.org.uk/parents/safeguarding-and-e-safety/e-safety-champions.html>



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This week's Praise Book children are:



5Rs

**Mrs Maughan and Mrs Burgess' Class** - Theo Jones

**Mrs Kemp and Mrs Hayward's Class** - Isla Bonell

**Mr Davies' Class** - Lily Satchithananda

**Miss Morris's Class** - Elliot Waddington

**Mr Blenkinsop's Class** - Tilly Baxter

**Mrs Bird's Class** - Rory Brampton

**Responsibility:**

**Readiness to Learn:** Mia Sargeant, Howie Goldrick, Nia Brown, Caleb Bowen-Jones and Will Goodwin

**Resilience:**

**Resourcefulness:** Esmee Fellows

**Reflectiveness**

You are all amazing and Shining Stars!

**Prayers to Share** this week - We pray for everyone at home, school, local community and the wider world at these uncertain times to be safe and well.



**School:**

**Amethyst:** This week in Amethyst Class, we read 'Whatever Next' by Jill Murphy. We wrote invitations for a space party, wrote a list of all the food we would take for a picnic on the Moon and wrote a description of an alien. In maths, we looked at the properties of 2d and 3d shapes. We used 2d shapes to make space pictures and used solid 3d shapes to build space rockets and vehicles. We sorted shapes into groups using different criteria. We also enjoyed our talk with PC Nick on E-safety on Tuesday.

**Sapphire:** In Sapphire this week the children have wowed us with their knowledge of past tense verbs. They have been detectives trying to search for them in our Path ways story 'The curious case of the missing mammoth.' In maths the children have been applying their 'sticky knowledge' of greater than, less than and equal to compare statements. In science the children have been learning about the life cycle of a chicken. In I.C.T the children have been designing farm-themed pictures.

**Pearl:** In Pearl Class we thought about the important people who support us to try new things as part of Children's Mental Health Week. With PC Nick the children considered safety online and learned that personal information should not be shared. In History we learned about Leonardo da Vinci's designs and we made a prototype parachute to test.

**Amber:** This week has been a very busy in Amber Class! We have looked at our well-being and mental health as part of Child's Mental Health Week and have relaunched our Resilience Passports which we will be completing in school and at home as part of our homework. On Tuesday, we completed activities as part of the global Safer Internet Day. We planned our own storyboards then created them using an online resource. This was all on top of all our usual Maths, English, Guided Reading, RE and Music sessions!

**Emerald:** This week Emerald class have started work on division in maths. We have investigated using counters and used partitioning to make dividing 2 digit numbers easier. In English the children have practised splitting writing into



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paragraphs by theme and using fronted adverbials. The class have had a very informative e-safety day where they made online gaming guides to keep children safe when they are playing online games. We also had a wonderful face to face singfest rehearsal with Mrs Palethorpe who was really impressed with how year 4 sounded!

**Ruby:** This week in maths, Ruby Class have been finishing off their unit on multiplication and have begun a new unit on perimeter. In English, we have been creating top trump cards about Norse gods including relative clauses (with omitted relative pronouns) and up-levelled words for their qualities.

As part of Wellbeing Wednesday and Year 5's Resilience passport, I gave the children a crash course in moonwalking. The children then incorporated this into a larger dance routine to Michael Jackson's 'Thriller'!

In music, the class looked at different sounds people can make with their voices and mouths including beat boxing and overtones. They then applied some of these to create an advert.

We have been looking at the symbols of Easter in RE; discussing their origins and what they represent.

In PE, we have been working on our 3D skills and applying these to our last hockey matches before we finish the unit.

**Diamond:** In Diamond Class this week, we have been finding out what can affect the brightness of a bulb. We have tested wire length and also the number of bulbs, and then tried to explain our results using our knowledge of voltage, current and resistance. To measure accurately, we have used a new piece of digital equipment: multimeters. This meant we could measure the amount of voltage between two points, with precision. We are also getting ready for our trip to Conover which is very exciting!

#### **School Charity Collections - British Legion in November and Clatterbridge "Go Green" last Friday**

We have recently been informed by the British Legion that the sale of poppies and other items in school last November raised **£331.04** - an amazing achievement.

We have also raised the excellent amount of **£80.40** for Clatterbridge Cancer Centre last Friday with our Go Green day.

#### **Netball at the Grove School, Market Drayton**

We have been asked to advertise this club which takes place on Fridays at the above venue. Full details are on the flyer we've attached with this week's newsletter.

#### **Finally**

It is important that our newsletter and all other forms of communication we send out to parents and carers, give you a clear and detailed picture of our work in school, so that you are kept up to date with events in school and our community. If you have any ideas, comments or suggestions about the content of newsletters please get in touch with me.

A.Perry